

KIIS Prague Program, Summer 2024

HON 300 / LEAD 395: Dare to Lead: Vulnerability and Empowerment

Instructor: Dr. Will Perry Email: will.perry@wku.edu Instructor's office hours: on site and by appointment

Syllabus subject to change

1. Course Description:

Ever wondered why you're not good with confrontation or why you hate receiving criticism? Want to be a better student, employee, and leader? This fun, interactive course will introduce students to the importance of exercising vulnerability for empowerment in the context of leadership across all disciplines. Students will (1) explore the relationship between vulnerability, courage, shame, and confidence and the effects those attributes have on empowerment and leadership; (2) identify their own personal values and learn how emotional curiosity is essential to understanding self, others, and human relationships; and (3) analyze their capacity for change and innovation.

2. Overall KIIS Program Student Learning Outcomes:

KIIS Study Abroad Mission Statement:

KIIS provides high-quality education abroad programs for students from all diverse backgrounds that promote deep international learning, are integrated into the curriculum, and encourage critical and creative thinking. Our goal is to help students understand the wider world and develop personal and professional skills for lifelong enrichment. We strive to go beyond generalizations and cultural stereotypes to help foster a nuanced appreciation of the world in which we live.

Students participating on KIIS study abroad programs aim to:

1) Understand contemporary issues of their host country/countries (i.e. KIIS program location).

2) Develop skills to interact comfortably in a global setting.

3) Understand other cultures.

Prior to your KIIS study abroad program, and again at the conclusion of your program, KIIS will ask each student to a) answer a few multiple-choice questions, and b) write a short reflective essay (two paragraphs in length) related to the elements detailed above. There is no right or wrong answer, and your responses will not affect your grade in any way. The purpose of the exercise is to help KIIS measure the effectiveness of its study abroad programs.

3. Course Objectives and Specific Learning Outcomes:

- 1. Demonstrate comprehension, as well as application and evaluations, of skills related to vulnerability in innovation and change.
- 2. Articulate the relevance of vulnerability relative to personal and professional empowerment.
- 3. Demonstrate the ability to support others as they identify and apply resilience skills to their leadership and professional development.
- 4. Demonstrate an understanding of how practicing vulnerability and courage can facilitate authentic connections need to manage change and spur innovation.
- 5. Describe how the analysis of vulnerability and courage pertain to diversity, social and economic injustice, and issues of power, and explain how this knowledge can be used to engage in mutually respectful interactions with clients, colleagues, and the greater community.
- 6. Explain how the concepts of vulnerability and courage can be used to advocate for meaningful dialog on difficult topics needed for change.
- 7. Critically evaluate concepts and theories from the current research on shame, empathy, self-compassion, and self-worth, and use these learnings to guide effective interpersonal relationships in times of change.
- 8. Articulate one's most relevant personal values and discuss how living in alignment with these values is relevant to establishing authentic connections with others and engaging in innovation and change.

4. Major Topics covered in the Course:

- Shame and Resilience
- Courage
- Giving and Receiving feedback
- Emotional Intelligence
- Empowerment

5. Required Readings and Materials: Brown, Brené (2018). **Dare to Lead**: Brave Work. Tough Conversations. Whole Hearts. Penguin Random House Publishing Group. New York: NY.

7. Graded Assignments:

Class Participation	200 points
Understanding your Armor quiz and explanc	ition 100 points
Local Empowerment Study	150 points
Final Leadership Statement	100 points
Toto	al: 550 points
A= 90%-100%, B=80%89%, C=70%-79%, D-60-6	59%, F=59% and below

8. Attendance Policy:

KIIS program participants are expected to be punctual to and in attendance at all classes, presentations, meetings and required excursions, and to remain with the program for the full academic period. Unexcused absences from classes and/or mandatory meetings will result in a lowering of the student's final grade, as will excessive tardiness. Multiple unexcused absences could result in expulsion from the program. Any absence from an academic class session must be excused for medical reasons.

9. Disability Accommodation:

KIIS will make every reasonable effort to provide accommodations for program participants with special needs or disabilities, but we cannot guarantee that we will be able to do so. Be aware that many foreign countries do not have comprehensive legislation comparable to the Americans with Disabilities Act (ADA). As a result, businesses and other establishments operating in foreign countries may not be able to provide accommodations.

If you have a disability accommodation need, we recommend you contact your KIIS Campus Representative, <u>https://www.kiis.org/about-kiis/contact-us/campus-representatives/</u> early in your program selection process so that s/he has time to discuss any specific needs, including which KIIS programs may be best suited. You also are welcome to contact KIIS Assistant Director, Maria Canning, <u>maria.canning@wku.edu</u>, to discuss your disability accommodation needs (e.g. housing, transportation, excursions, class schedule, etc.).

Immediately after acceptance, notify KIIS Admissions and Enrollment Specialist, Haley McTaggart, <u>haley.mctaggart@wku.edu</u>, if you have a special need or disability that might require any form of accommodation abroad. Failure to notify KIIS may prevent you from participating on your KIIS program.

If you require any accommodations abroad, you must provide KIIS Admissions and Enrollment Specialist, Haley McTaggart, an accommodation letter from your home campus' disability accommodation office that lists the accommodations you are eligible to receive. Please do not request accommodations directly from your KIIS Program Director or other KIIS Faculty; the KIIS Office will notify your KIIS Program Director and/or Faculty after we have received your above accommodation letter.

In some cases, you may need to make arrangements for a caregiver to join you on your KIIS program, should your physician, campus disability accommodation office, or KIIS make such a recommendation or require it.

10. Title IX / Discrimination & Harassment:

Recent attention to gender discrimination and sexual harassment at colleges and universities reminds us of the importance of adhering to standards of ethical and professional behavior. KIIS Study Abroad is committed to supporting and encouraging safe and equitable educational environments for our students, faculty, and program directors. Students, faculty, and program directors are required to be civil and treat each other with dignity and respect. As such, harassment and/or discrimination of any kind will not be permitted or tolerated.

Sexual misconduct (sexual harassment, sexual assault, and sexual/dating/domestic violence) and sex discrimination are violations of KIIS policies. If you experience an incident of sex/gender-based discrimination, harassment and/or sexual misconduct, you are

encouraged to report it to a) KIIS Assistant Director, Maria Canning (+1-859-200-1000) or KIIS Executive Director, John Dizgun (+1-270-227-2288), b) WKU's Title IX Coordinator, Ena Demir (270-745-6867 / ena.demir@wku.edu) or WKU's Title IX Investigator, Michael Crowe (270-745-5429 / michael.crowe@wku.edu). Please note that while you may report an incident of sex/gender based discrimination, harassment and/or sexual misconduct to a KIIS program director and/or faculty member, KIIS program directors and faculty are considered "Responsible Employees" of Western Kentucky University and MUST report what you share to WKU's Title IX Coordinator or Title IX Investigator.

If you would like to speak with someone who may be able to afford you confidentiality, you may contact WKU's Counseling and Testing Center, https://www.wku.edu/heretohelp/ at 270-745-3159.

For more information on KIIS Title IX, see <u>https://www.kiis.org/students/health-safety/title-ix-clery/</u>; additional Title IX resources can be found here <u>https://www.wku.edu/eeo/titleixbrochure2020.pdf</u>.

Everyone should be able to participate on a KIIS program, attend a KIIS event, or work in a KIIS environment (e.g. KIIS office) without fear of sexual harassment or discrimination of any kind. Be respectful of each other.